

WATERLOOVILLE FOOD BANK NEED

TINS

Pies e.g. Fray Bentos
Stews
Chicken curry
Chilli
Hot dogs
Ravioli
Macaroni cheese
Spaghetti Bolognese
Soup
Ham
Corned beef
Tuna
Carrots
Sweetcorn
Peas
Potatoes
Baked beans
Spaghetti hoops
Treacle sponge
Spotted dick
Custard
Rice pudding
Fruit (peaches/fruit salad)

DRY GOODS

Breakfast cereal
Jelly
Weetabix
Rice



Angel delight/instant whips
Pasta (penne or fusilli)
Sugar

JARS

Jam
Sandwich spread
Chocolate spread
Pasta bake sauce
Bolognese sauce
Sweet and sour sauce
Tomato ketchup

DRINKS

Squash orange/blackcurrant
Tea bags
Coffee
Hot chocolate (instant)

NON FOOD

Toothbrushes
Toothpaste
Shampoo
Soap
Soap powders
Fabric softeners
Washing up liquids
Toilet rolls
Baby wipes
Nappies
Ladies sanitary items

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