



Year R Home Learning W/C 1.6.20

Topic: Water

Physical Development

1. Try Miss Offer's next PE challenge on Facebook and let Miss Offer know your score!

60 Second Challenge
Socks in the Box

Do you keep trying even if you struggle to match up a pair of socks?

The Physical Challenge
How many socks can you pair up and put in the box in 60 seconds?
Place unpaired socks 5 steps away from a box. Players run, match up a pair of socks and place them in the box.

#StayHomeStayActive

Equipment
Socks and a Box!
If you do not have a box use a bowl.
Throw in unpaired socks as red hearings.

Achieve Gold
20 pairs of socks

Achieve Silver
15 pairs of socks

Achieve Bronze
10 pairs of socks

Complete P.E. | YOUTH SPORT TRUST | 25 | Believing in every child's future

2. Listen to <https://www.youtube.com/watch?v=6Fb1Xv9mZl4> and try to move like different underwater animals. Can you change the shape of your body to resemble the animal?
3. Continue to practice your letter formation, and remember that inside your yellow books there is a copy of the school font to help you!
4. Try this Cosmic Kids yoga video about a fish! <https://www.youtube.com/watch?v=LhYtcadR9nw>

