

Purbrook



Infant School

PE & Dance Policy

**Statement**

Physical Education promotes healthy enjoyment of activities in a safe and stimulating environment. It should incorporate organisation and structure in order to develop and enhance the social, moral, spiritual and cultural attitudes of the pupil. PE offers many opportunities that support the social development of our pupils. Groupings allow children to work together and give them opportunities to develop respect for others and work collaboratively and co-operatively while gaining a deepening understanding of themselves.

Physical activity promotes pupils physical competence and confidence and gives opportunity to perform in a range of activities. Physical activity gives opportunity for pupils to be creative, competitive and to face challenges individually, in groups and in teams.

Pupils learn to think in different ways in order to complete creative, competitive and challenging activities. They learn to plan, perform and improve their performance in order to discover and improve their quality and preferences and learn to make choices about how to get involved in lifelong physical activity.

Aims

At Purbrook Infant School we aim:

- To promote a positive ethos towards physical activity and exercise and a healthy and active lifestyle
- To recognise children's entitlement to physical activity and provide high quality physical activity for ALL children
- To recognise how exercise and healthy eating contribute towards a healthy lifestyle
- To raise and maintain the high profile of physical activity throughout the school and enable all children to experience success and enjoyment
- To recognise and understand the need for safe practice in all physical activities
- To increase pupil participation in physical activity both within and outside of curriculum time in order to develop positive attitudes to both themselves and others
- To provide opportunity for assessment within the PE curriculum
- To recognise and celebrate participation and achievement in physical activity both in school and in after school clubs
- To provide opportunities for children to take part in competitive events with other schools
- To increase pupils activity levels through the provision of a sporting environment and the positive promotion of events run by School Sports Partnership and other outside agencies
- To encourage all staff who contribute to organised physical education to undertake appropriate in-house or external training

Process and implementation

Schemes of work are detailed and progressive and include health related activities which are differentiated to be inclusive.

PTO

The physical activity programme is broad and balanced and timetabled with further opportunities for out of hours learning.

Learning Resources

Equipment for structured PE lessons is kept in the hall. Other equipment for playtime and lunchtime is stored in a shed in the playground and is monitored for defects by lunchtime staff. Gymnastics equipment is checked annually to ensure it fulfils county safety standards.

Out of Hours Provision

Physical activity is promoted at break and lunch times and a variety of clubs are offered after school.

Ethos and Environment

- There is a sensitive kit policy which takes account of all pupils needs and spare kit is held in each year group.
- The teaching is pupil centred, differentiated and a variety of teaching methods are used.

Community Links

- The school works closely with the School Sports Partnership, community groups and other relevant local bodies
- Specific events are organised throughout the year that promote physical activity.

Health and Safety Guidance for PE Staff at Purbrook Infant School is in line with Hampshire County Council Safety in Physical Education and Sport

Kit:

- Pupils should wear sports and T-shirts for all physical activity. However, track suits may be worn for outside work. Notice should be taken of pupils religious dress needs
- No jewellery should be worn. Pupils with recently pierced ears should have them taped with micro pore
- Long hair should be tied back
- Children without kit will be provided with one from the year group supply
- Children work barefoot for gymnastics and dance
- Children with verrucas should not be excluded from any physical activity or made to wear plimsolls for gymnastics or dance
- Plimsolls or trainers should be worn for games
- Parents should be informed if children repeatedly have no kit

Equipment

- Children should not use apparatus until it has been checked safe by an adult
- Teachers should constantly monitor equipment for safety
- Pupils should follow school police for handling and carrying equipment
- Mats will only be placed where children are expected to jump from apparatus and not where they might fall

Support Staff- HLTAs

Should not be left in charge of a gymnastics lesson where large equipment is being used.

Students

It is advisable for a teacher to be present at all times when students are teaching PE. It is **essential** that a teacher is present if large apparatus is used so safeguarding requirements are met.