



DARE to Learn Curriculum
DT Skills Progression
Year 1 Spring A:

Question to explore...	Which creature has the sharpest teeth? What's growing in Mr McGregor's garden?
DT Coverage	To explore foods linked to plants by growing vegetables in the raised beds in the courtyard. During shared learning time look after the plants so as to explore how crops are grown. During lessons begin to look at the 'eat well plate' and start to look at a healthy diet should consist of 5 portions of fruit/veg a day
NC Coverage	
Design	
Make/Technical language	
Evaluate/Technical language	
Food and nutrition	<ul style="list-style-type: none"> • Begin to understand that all food comes from plants or animals. • Explore the understanding that food has to be farmed, grown elsewhere (e.g. home) or caught, by growing our own veg. • Start to understand how to name and sort foods into the five groups in 'The Eat well plate'. • Begin to understand that everyone should eat at least five portions of fruit and vegetables every day.
Key Scientific Vocabulary - discuss and remember and embed.	<p>Vegetables- A plant or part of a plant used as food</p> <p>Fruit- the sweet and fleshy product of a tree or other plant that contains seed and can be eaten as food.</p> <p>Growing- undergoing natural development by increasing in size and changing physically.</p> <p>Farming- the activity or business of growing crops and raising livestock.</p> <p>Crops- a cultivated plant that is grown as food, especially a grain, fruit, or vegetable.</p>



DILLIGENCE **A**SPIRATIONAL **R**ESILIENCE **E**NTHUSIASIM

