

# WEEK 1

WEEK STARTING:  
April 25  
May 16  
June 13  
July 4  
August 29  
September 19  
October 10



## MONDAY

CHOOSE FROM  
V Summer vegetable quiche with new potatoes  
Pork sausages with mashed potato and gravy  
ON THE SIDE  
Vegetable of the day or salad  
TO FINISH  
Ice cream served with a selection of fruit

## TUESDAY

CHOOSE FROM  
V Tomato pasta  
BBQ chicken fillet with diced potatoes  
ON THE SIDE  
Vegetable of the day or salad  
TO FINISH  
Freshly baked gingerbread

## THURSDAY

CHOOSE FROM  
Vs Vegetarian sausage puff  
Roast chicken with stuffing  
ON THE SIDE  
Roast potatoes, vegetable of the day and gravy  
TO FINISH  
Chocolate brownie

## WEDNESDAY

CHOOSE FROM  
V Margherita pizza  
Bubble salmon  
ON THE SIDE  
Crinkle cut wedges and vegetable of the day or salad  
TO FINISH  
Victoria sponge

## FRIDAY

CHOOSE FROM  
V Somerset cheddar cheese and tomato Quesadilla  
Baked fish fingers  
ON THE SIDE  
Chips and vegetable of the day or salad  
TO FINISH  
A choice of desserts

# WEEK 2

WEEK STARTING:  
May 2  
May 23  
June 20  
July 11  
September 5  
September 26  
October 17

Our primary school menus comply with the Government's food and nutritional standards, meeting an average of 530 calories for each meal

## MONDAY

CHOOSE FROM  
Vs Vegan Bolognaise  
Pork sausage roll with mashed potato  
ON THE SIDE  
Vegetable of the day or salad  
TO FINISH  
Ice cream served with a selection of fruit

## TUESDAY

CHOOSE FROM  
V Quorn and vegetable Fajita  
Chicken nuggets  
ON THE SIDE  
Crinkle cut wedges and vegetable of the day or salad  
TO FINISH  
Freshly baked shortbread

## THURSDAY

CHOOSE FROM  
V Quorn and leek pastry crown  
Sliced beef and Yorkshire pudding  
ON THE SIDE  
Roast potatoes, vegetable of the day and gravy  
TO FINISH  
Apple sponge

## WEDNESDAY

CHOOSE FROM  
V Margherita pizza with diced potatoes  
Chicken curry with a blend of brown and white rice  
ON THE SIDE  
Vegetable of the day or salad  
TO FINISH  
Banana flapjack

## FRIDAY

CHOOSE FROM  
V Vegetable lasagne  
Baked battered fish and chips  
ON THE SIDE  
Vegetable of the day or salad  
TO FINISH  
A choice of desserts

# WEEK 3

WEEK STARTING:  
May 9  
June 6  
June 27  
July 18  
September 12  
October 3

Daily selection of alternative desserts; fresh fruit, yoghurt and cheese and biscuits.

## MONDAY

CHOOSE FROM  
V Macaroni cheese with Somerset cheddar  
Burger in a bap with homemade potato wedges  
ON THE SIDE  
Vegetable of the day or salad  
TO FINISH  
Ice cream served with a selection of fruit

## WEDNESDAY

CHOOSE FROM  
V Margherita pizza with crinkle cut wedges  
Fruity Caribbean chicken fillet with coconut rice  
ON THE SIDE  
Vegetable of the day or salad  
TO FINISH  
Eton mess

## FRIDAY

CHOOSE FROM  
Vs Sweet potato and lentil curry with a blend of brown and white rice  
Baked fish fingers with chips  
ON THE SIDE  
Vegetable of the day or salad  
TO FINISH  
A choice of desserts

## TUESDAY

CHOOSE FROM  
Vs Vegetable goujon and diced potatoes  
Spaghetti with turkey meatballs  
ON THE SIDE  
Vegetable of the day or salad  
TO FINISH  
Freshly baked oat biscuit

## THURSDAY

CHOOSE FROM  
V Vegetarian sausages and Yorkshire pudding  
Sliced pork and Yorkshire pudding  
ON THE SIDE  
Roast potatoes, vegetable of the day and gravy  
TO FINISH  
Iced carrot cake

DOWNLOAD OUR CALENDAR AND STREETS MENU OPTIONS HERE  
[www.hants.gov.uk/hc3s](http://www.hants.gov.uk/hc3s)

V Vegetarian \* Langford's Welsh Sausage Co Ltd gold award winning pork and herb sausage – BPEX Foodservice Pork Sausage of the Year 2013  
Vs Vegan

All menu items are subject to change, based upon availability in the event of unforeseen circumstances.

## APRIL 2022

Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

## MAY 2022

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## JUNE 2022

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

## JULY 2022

Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## SEPTEMBER 2022

Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

## OCTOBER 2022

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					