

50 Things to do before you're 7!



1	Pooh Sticks	
2	Walk in the rain	
3	Throw stones in the sea	
4	Roll down a hill and feel the grass between your toes	
5	Travel by bus or train	
6	Catch rain/snow on your tongue	
7	Bake a cake/make dinner	
8	Explore trees and make a bark rubbing	
9	Write a letter to the King	
10	Fly a kite	
11	Go on a treasure hunt	
12	Visit the seaside and jump in the waves	
13	Visit the cinema	
14	Make a daisy chain	
15	Play snakes & ladders	
16	Find a shape in the clouds	
17	Star gaze	

18	Tie dye a t-shirt or hankie	
19	Make mud pies	
20	Grow something and eat it	
21	Have a picnic	
22	Meet an author	
23	Join the library	
24	Feed the ducks	
25	Grow a butterfly	
26	Make a den	
27	Support a charity	
28	Carve a pumpkin	
29	Make a marble run	
30	Fold a paper plane	
31	Play hopscotch	
32	Ride a bike	
33	Play duck duck goose	
34	Make a bird feeder	

35	Ride a scooter	
36	Visit a free museum	
37	Tie a shoelace	
38	Make a sand castle	
39	Water fight	
40	Visit a park	
41	Pick your own fruit	
42	Sing karaoke	
43	Take a photo	
44	Stroke an animal	
45	Make a puzzle	
46	Visit an arcade	
47	Play family charades	
48	Make someone a gift	
49	Run in a race	
50	Go to the top of Portsdown hill	

