



**PURBROOK INFANT SCHOOL**  
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09 June 2026

Dear Parents and Carers

### **NSPCC “Speak Out Stay Safe” Programme**

At Purbrook Infant School, safeguarding and pupil wellbeing are at the heart of everything we do. We are therefore pleased to be taking part in the NSPCC’s “Speak Out Stay Safe” programme this term.

This nationally recognised programme is designed to help children understand that they have the right to feel safe, to recognise unsafe situations and to know how to speak out and get help from a trusted adult. It is presented in simple, child-friendly language and uses relatable characters and scenarios to encourage children to talk about their feelings and to learn how to seek help if they are worried.

**What will happen in school?** All children, including those in Reception, will take part in a short, age-appropriate virtual assembly delivered by school staff. The assembly will use straightforward language, encourage children to express how they feel and teach practical steps for seeking help. Children in Year 2 will also take part in optional follow-up workshops to reinforce these messages. Staff delivering the sessions will talk carefully, pause to clarify language where necessary and provide sensitive support throughout.

**Supporting your child at home after the assembly:** Your child may wish to talk to you about what they have learned. Such conversations provide an important opportunity to reassure them that they can speak to you about anything, to discuss who their trusted adults are and to reinforce the key messages about staying safe. The NSPCC provides helpful parent resources which you can explore at: <https://www.nspcc.org.uk/speakout>

**Safeguarding and pastoral arrangements:** Please be assured that all materials have been selected for their age-appropriateness and sensitivity. We are mindful that some content may prompt emotional responses; staff will be alert to this and will follow our safeguarding procedures should any child disclose concerns. Known vulnerable pupils will be supported throughout, and our Designated Safeguarding Lead has been informed that the assembly is taking place.

**Questions or concerns:** If you have any questions about the programme or would prefer your child not to take part, please contact the school office. We value your partnership in ensuring that every child feels safe and heard.

Thank you for your continued support in helping us keep all children safe.

Yours sincerely,

Mrs L A de Carteret  
**Headteacher**