



PURBROOK INFANT SCHOOL
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22 June 2026

Dear Parents/Carers

Subject: Health and Safety in Hot Weather

We have been alerted by Hampshire today that heat warnings remain in place this week, with extensions confirmed yesterday and a further update this morning placing some areas within Hampshire on Red. The Met Office has issued a Red Extreme Heat Warning for parts of Hampshire, and the Met Office Amber Extreme Heat Warning has been extended until 23:59 on Thursday 25 June 2026. In addition, the UKHSA Amber Heat Health Alert is now active until 23:00 on Friday 26 June 2026. Current forecasts indicate that, while the most significant impacts are expected at the start of the week, there is potential for conditions to persist and intensify into midweek as the hot weather continues.

Many parents have inquired about our risk assessments and if we will be closing. **The school will remain open as normal.** However, we recognise that children respond differently to extreme heat, particularly very young children, those with underlying health conditions or who are taking certain medications, and those with specific physical or mental health needs. We will therefore work with families on an individual basis to support any decisions you make if you feel your child will struggle in this heat.

In line with guidance and sensible precautionary measures, we will be following a number of steps to keep children safe and comfortable:

- Encourage children to drink more water than usual and ensure fresh drinking water is readily available throughout the day.
- Encourage children to stay in the shade as much as possible, especially during the hottest part of the day, and to wear sun hats when appropriate.
- Consider relaxing uniform expectations (already in place) so that children may wear light, loose-fitting, light-coloured clothing where appropriate.
- Ensure high-factor sunscreen is used to protect skin when children are outdoors.
- Avoid or adapt vigorous physical activity on very hot days; more sedentary or shaded activities will be used when necessary.
- To keep classrooms cooler, open windows early in the morning and, where appropriate, open doors to improve airflow; close windows when the outside air becomes warmer than indoors and use blinds or curtains where this does not impede ventilation.
- Keep lighting and non-essential electrical equipment use to a minimum where possible, as these can contribute to indoor heat.
- Ensure staff remain alert to signs of heat stress, heat exhaustion and heatstroke and act promptly if a child displays symptoms.

Hopefully this will go some way to ease any worries you might have. If you would like to discuss the extreme temperatures expected on Wednesday and Thursday, or if you wish to speak with us about how we can best support your child during this period, please do not hesitate to pop in, email or call the school.

Yours sincerely

Mrs L A de Carteret
Headteacher