



PURBROOK INFANT SCHOOL
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07 October 2026

Dear Parents and Carers,

Birthday Celebrations

We are aware that many children are still bringing birthday sweets into school to share with their classmates on their birthday. We recognise that this has been a long-standing tradition, and we appreciate that some families may feel disappointed by our decision to no longer support this practice.

However, due to changes in guidance around food safety, allergy management, and our responsibility to keep all children safe, we are no longer able to distribute birthday sweets in school. This year, we also have a child with a severe nut allergy, and many sweets contain nuts or may contain traces of nuts. As a result, we need to take every precaution to ensure the safety and wellbeing of all our pupils.

We have been thinking carefully about how we can still make children feel special and celebrated when their birthday falls on a school day. We know that birthdays are important occasions, and spending them at school is not always every child's first choice!

While we already have a number of special events throughout the year, which are, at times hard to keep up with, including mufti days, pom-pom treats, cake sales and other activities, we have decided on a simple way to make birthdays extra special. From now on, any child whose birthday falls on a school day will be invited to wear their own clothes to school on that day.

We hope this will help make birthdays feel special and allow everyone around the school to recognise the occasion, wish them a happy birthday, and help celebrate their day.

Therefore, if your child's birthday falls on a school day, please do not send sweets or treats into school. Instead, we would love them to enjoy wearing their own clothes for the day.

Thank you for your ongoing support and for working with us to ensure that our school remains a safe and inclusive environment for all children.

Yours sincerely,

Mrs L A de Carteret
Headteacher